

Town Hall Meeting

A Town Hall meeting will be held April 18, 6-7 p.m. for Hannam Village residents at the Hannam Village chapel. Please come and voice your concern.

Seoul Word

Community Fun Fair

The Community Fun Fair will consist of carnival-type games for children of all ages, a volunteer extravaganza, food/ drinks and lots of fun. It will be held at the Child Development Center parking lot April 20, from 11 a.m. - 3 p.m.

Volume 14, Issue No. 13

PUBLISHED IN THE INTEREST OF U.S. FORCES PERSONNEL IN AREA II

April 12, 2002

Yongsan perimeter wall under repair



PHOTO BY DANIEL MULLINS

Workers are repairing large sections of the wall between Gate 52 and Gate 12.

By Casey Ross

Area II Department of Public Works

Construction has begun on a project to repair a large portion of the perimeter wall on the northeast section of Yongsan's South Post. A large section of the wall between Gate 52 and Gate 12 (the pedestrian gate near the Post Exchange Gas Station) was deteriorating and needed repairs or replacement. The construction involves the removal of the wall down to the footer, reconstruction of a new footer, and erection of a new wall. A temporary security fence has been emplaced for the duration of the project. This project is scheduled to be completed around May 10.

At the request of the Yongsan District Office and the City of Seoul, this project was expedited so that it would be completed before the upcoming World Cup that will be conducted in Korea this spring. The

city has undertaken a significant program to create a cleaner cityscape throughout the Itaewon area. In conjunction with our efforts to replace the wall, the city will be improving many sidewalks and other landscaping projects along the outer portion of the installation.

Another ongoing project in this vicinity is the construction of a bicycle path, which will run from the vicinity of Gate 12, up along the road in front of the Veterinary Clinic, past the old Japanese Prison, and continuing over the hill to the 7th Division Road in the vicinity of Gate 8. This portion of the bike path is part of what will eventually become a continuous loop in South Post. Completion of this project is anticipated in June.

This project was funded, in part, through the 34th Support Group's Army Communities of Excellence program winnings.

Child abuse prevention month Keeping children safe during difficult times

Nemours Foundation

Child abuse is something that happens regularly to various degrees and can affect children and families very significantly. All personnel in the military community have responsibility to be aware of potential child abuse situations and then to report "suspicions of abuse." Some people tend to see the definition of abuse as changing from "When I was a kid growing up." People fear having Child Protection or the

"MP's" called. The important aspect of responding to and thinking about child abuse is ensuring the safety of our children in this military environment. We want to facilitate as healthy and positive living as we possibly can, as children are our most precious resource.

Unthinkable as it is to imagine someone intentionally hurting a child, about one million children are abused every year in the United States. And these are only the

reported incidents - many more are unreported and undetected, often because children are afraid to tell.

When mistreatment becomes abuse, children are injured, neglected, and emotionally damaged. Approximately 1,000 to 1,300 U.S. children are known to die as a result of physical abuse, and those who survive suffer emotional trauma that lasts long

See "Child" on page 16.

DCINC change of command



PHOTO BY PVT. WON HONG-YUN

Gen. Lee Jong-ok (left), the outgoing deputy commander in chief, Combined Forces Command, Gen. Thomas A. Schwartz (center), United Nations Command / Combined Forces Command, commander in chief, Gen. Nam Jae-joon (right), the incoming DCINC, CFC, stand at present arms at the change of command ceremony. See page 20 for story.

Spring cleanup

By Joe Campbell

Command Information Officer

It's that time of year again! The Area II commander has issued mandatory guidance for the annual spring cleanup campaign that will take place April 15-19 throughout Yongsan Garrison. Area beautification is the focus of this year's activities.

Unit, activity and troop billet areas will be cleaned April 15-18. Cleanup of areas surrounding Bachelor Officer and Enlisted Quarters is scheduled for April 19. Commanders and supervisors will release personnel residing in government quarters to include BOQ and BEQ occupants by noon for participation in the clean up efforts on April 19.

It is the Commander's intent that a thorough police of the entire Yongsan Garrison to include: Camp Kim, Camp Coiner, UN Compound, Hannam Village, TMP Compound

and Annex, Main and South Post, and Sobinggo Compound be completed on the scheduled days. Burt's Self Help will assist the effort by issuing tools and equipment to units, activities and individuals based on the aforementioned schedule.

All units at brigade, battalion and company level, to include agencies, activities, contractors, BOQs, BEQs and family quarters occupants are responsible for cleanup 50 feet from their building or area of work.

For removal of fallen tree branches and limbs contact Department of Public Works at 724-4164. Other cleanup issues that required DPW assistance should be addressed to DPW sanitation branch at 736-3503.

Additional information is contained in 34th Support Group Memorandum of Instruction, Yongsan Spring Cleanup, dated March 20. If you have not received a copy or need more information contact Sgt. Maj. Barnes at 738-7316.

NEWS AND NOTES

Open House Job Fairs

Open house job fairs, hosted by US Army and US Air Force, will be held in Yongsan Embassy Club on April 27 from 9 a.m. to 4 p.m. It is open to all job seekers. For further details see your transition office, 784-5440. Pre registration online is at <http://www.morejobs.net>.

Army Family Team Building

AFTB Level II, introduction to effective leadership, will be held April 18-19 from 8 a.m. to 5 p.m. at Community Services Building (Bldg #4106). It is open to family members, DA civilians and their family members. Limited childcare (first come basis) and language assistance is available. For more information contact Jennifer Sinquah at 019-818-3479, SinquahJ@34sg.korea.army.mil.

CCK Conference 2002

Contracting Command Korea is hosting the "CCK Conference 2002" on April 22 and 24 at two separate locations. On April 22 there will be an all-day symposium at the Seoul Hilton for all contractors. On April 24, there will be mini-workshops and a symposium for customers at the Dragon Hill Lodge. To register online, go to www.cckbid.com or www.cckeps.com.

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United States Forces Korea Proclamation - Law Day 2002

Law Day began 44 years ago, with a proclamation from President Eisenhower. That first proclamation eloquently set forth the reasons why we, as a free people, celebrate our heritage of liberty under law.

President Eisenhower said it was "fitting that the people of this Nation should remember with pride and vigilantly guard the great heritage of liberty, justice and equality under law which our forefathers bequeathed to us." Further, he said it is "our moral and civic obligation as free men and as Americans to preserve and strengthen that great heritage."

We are now engaged in a great struggle to preserve our liberties. Our nation has been attacked by terrorists who scoff at our freedoms, who belittle the values this great nation was built on.

Our democracy, and the very rule of law, is under attack, but it will survive, as it has survived other crises in our past, and will emerge stronger because of the renewed support of the American people.

Let us dedicate ourselves, in celebrating Law Day this year, to the great values protected and preserved in our Constitution.

And, at the same time, let us recognize democracy is not static; that we must always work to improve and perfect it. Let us strive even closer to the ideal cut in stone over the entrance to the United States Supreme Court: "Equal Justice Under Law."

Let us resolve that Law Day be an opportunity for all of us, in government and the private sector, to examine our efforts to make equal justice a reality,

and to work together to reach that goal. For more than 100 years, America's charitable institutions and foundations, its lawyers and its courts, and countless others have worked to bring equal justice to as many people as possible.

Now, therefore, I, Thomas A. Schwartz, General, United States Army, hereby designate Wednesday, May 1 2002 as Law Day for United States Forces Korea.

In witness whereof, I have hereunto set my hand this 28th day of March, in the year of our Lord two thousand and two, and of the Independence of the United States of America, the two hundred and twenty-sixth.

Thomas A. Schwartz
General, US Army
Commander in Chief



General Thomas A. Schwartz

USFK supports World Cup 2002 in Korea

USFK PAO

The Chairman of the ROK Joint Chiefs of Staff General Lee Nam Shin and U.S. Forces Korea Commander General Thomas A. Schwartz signed an agreement, thursday, that outlines US military support to World Cup 2002. The agreement was signed at the Ministry of National Defense, as part of the 16th ROK-US Military Committee Permanent Session.

During the 23rd Military Committee Meeting, held last fall, the ROK and U.S. JCS agreed to strengthen cooperation

and conduct joint measures to ensure the success of the World Cup. At today's meeting, with Gen. Schwartz representing the U.S. Chairman of the JCS, both parties discussed U.S. military support measures against possible terrorist attacks and confirmed military preparedness for the games. Both parties will be prepared to quickly respond to counter any incursion by potential terrorist groups.

CFC and USFK will provide backup support to the ROK Government's efforts.

"In the event of medical or other emergencies we will be standing by to support ROK military security agencies. We are ready to assist if we are called," said Brig. Gen. Kim, Hyong Soo, chief of Combined Operations Division.

The majority of the support provided by U.S. forces will be in the areas of crisis management planning, information sharing, and assistance to the ROK Government in its efforts to guard against acts of terrorism.

According to Maj. Gen. Geoffrey

Miller, Assistant Chief of Staff for Operations, USFK's search and rescue and medical evacuation assets will be at an increased readiness posture. Additionally, appropriate units will also be prepared to re-enforce the ROK's Quick Reaction Force capabilities, as needed.

"We will satisfy all ROK official requests that fall under our authority," said Maj. Gen. Miller. "For USFK, we plan and practice these type of contingency operations using our established crisis action procedures."

MP Blotter

The following entries were extracted from 2002 Yongsan and Area II Military Police blotter. Such entries may be incomplete and do not determine the guilt or innocence of any person.

An E-4 was charged with aggravated assault. Investigation revealed the service member was involved in a verbal altercation with another service member. The altercation turned physical when the service member struck the other service member in the back of the

head with a beer bottle and fled. The E-4 was later pick up by the Military Police and transported to the MP station, where he was processed and released to his unit pending action by his Commander. This was one of three aggravated assaults that occurred in the same night involving service members who were struck in the face and head with beer bottles.

A Korean civilian was charged with wrongful transfer of duty free goods and evasion of customs duties. Investigation revealed the Korean

civilian had purchased an undetermined amount of items and transported them to an off post residence, where the items were dropped off. A check of the Commander's Unique Tracking System revealed no record of the civilian buying anything from the commissary that day, which indicated the individual was using a fictitious social security number/ration control plate. The civilian was charged, processed and released pending action by Korean authorities and by the Installation Commander.

New military vehicle fueling system on Yongsan

The 34th Support Group is fielding the Vehicle Identification Lockout system for all Government-owned vehicles that obtain fuel at the Transportation Motor Pool's POL point, Building 5709. The system will be activated April 29. Units that do not have their VIL keys at that time will experience a significant delay when attempting to refuel their vehicles. There are 13 required elements of information necessary to produce a key; therefore, units are advised to call 723-8451 for assistance.

Seoul Word

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NEWS & NOTES

Learn Cross Stitching

Anyone interested in learning to cross stitch, call for information 738-5254 or email byrdwelchb@usfk.korea.army.mil. Class will be held on evenings or weekends.

Want to Teach a Class?

If you're interested in teaching a class in arts and crafts (cross stitching, calligraphy, embroidery, knitting, etc.), call 738-5254 or email byrdwelchb@usfk.korea.army.mil to discuss a possible contract.

MWR CATV Viewers

The Fashion and Adventure channels have been temporarily interrupted due to a change in how the signals are delivered to MWR CATV. Both channels are expected back on the air by the middle of April. Customers who subscribed to these channels may contact MWR CATV Business Manager Ron Buss at 738-4306 for additional information.

SAOCSC Luncheon

The Seoul American Officers', Civilians' and Spouses' Club will hold its monthly luncheon at the Dragon Hill Lodge on April 23 beginning at 11:30 a.m. The program is "Home Fashions," inexpensive but creative ideas for the home. Reservations must be made in advance. For information, call 736-6553.

ANZAC Day Celebration

There will be an ANZAC day celebration at the UN Compound on April 25 from 6:30 a.m. to 7 a.m.. During the Ceremony there will be a 21 gun salute.

Native American Social

Social gathering of Native American service members, DoD civilians and Family members who are stationed in Korea will be taking place Saturday April 20 from noon to 2 p.m. at ACS Bldg 4106. For more information contact Jennifer Siquah at 019-818-3479, SiquahJ@34sg.korea.army.mil or Dale Siquah at 011-9671-0515, SiquahD@34sg.korea.army.mil.

Officer Candidate School Board

Officer Candidate School Board will be held on May 16 at building 4305, Command Conference Room at 8 a.m. For more information contact SGT Copeland at 738-4534.

BOSS Meetings

Monthly Area II BOSS meetings are scheduled at Moyer CAC May 3, 1:30 p.m. For more information, call 738-5254/5419.

Korean War Veterans Appreciation Day Ceremony

USFK will be hosting and honoring Korean War veterans for Veterans Appreciation Day on April 19. Korean War Veterans from the United States, United Kingdom, Canada and Korea will be attending the event. The commemoration event will be held on Knight Field from 10:45 a.m. - noon. The guest speakers for the event are Secretary of Veterans Affairs, the Honorable Anthony J. Principi and Chairman of the Republic of Korea Committee, General Paik, Sun Yup. Following the event will be a static display including armored vehicles, helicopters and artillery systems hosted by 2nd Infantry Division at the Seoul American High School football field (Falcon Field), from noon - 4 p.m. The 50th Anniversary of the Korean War Commemoration Committee welcomes the public to come and honor these heroes. For more information, call 725-5416.

Be aware! Yellow sand storms continue

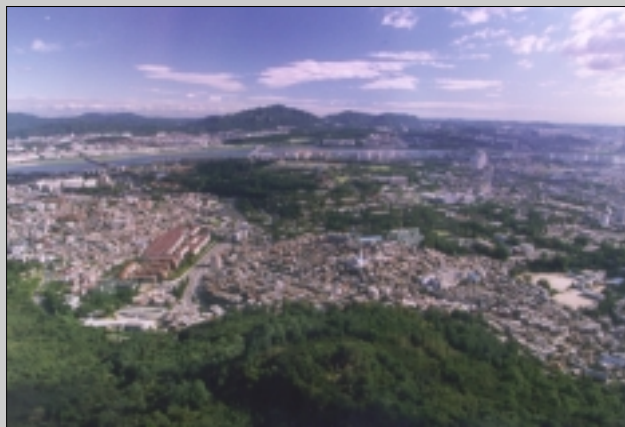


PHOTO BY RAY UENO

Yongsan garrison can be seen in the tree-filled area at the center of this photo. The buildings at the foot of Namsan border the north and east sides of the garrison.



PHOTO BY RAY UENO

This view of Yongsan garrison is obscured by the yellow sand storm from the Gobi Desert in mainland China.

USO Cross-Cultural School, May 6 – 17

USO Seoul is holding its semi-annual Cross-Cultural School, previously called "Brides School," from May 6 through May 17. The purpose of the school is to teach couples of cross-cultural (American-Korean) marriages about the differences in two cultures and life styles, and thereby, minimizing the cultural gap between them. This program will also provide an excellent opportunity for those who will immigrate to, or move to study in America since the subjects taught are very practical and essential for their daily living in the states. It will make their adjustment in the country easier and more effective and help them better ready themselves for the new life.

USO offers this program to the spouses of USFK military for free and for civilians, the cost is only \$60 per person. Most of the classes will be held in the morning from 9 a.m. to noon at the USO Seoul facility at Camp Kim. There will be a few workshops in the evening, at no additional cost, for both husbands and wives to attend together. All classes are taught by volunteer instructors who have expertise in that subject. The entire course consists of more than 20 different subjects and the following is a brief list of those


subjects:

- * Basic English Conversation
- * U.S. Military Lifestyle
- * U.S. Passport/Visa/Citizenship
- * U.S. History/Geography/Government
- * American Holidays/Customs/Traditions
- * Education/Employment in America
- * Financial System/Money Management in America
- * Medical System/Women's Health Care
- * Family Advocacy Program
- * Housing, Finding Apartments/Houses in America
- * American Food & Cooking
- * Korean-American Marriage, Love and Commitment, Communication Styles
- * Korean History/Geography/Culture/Customs and Traditions
- * Language/Family Structure (for American spouses)

Pre-registration is required since the enrollment is limited and a deposit of \$20 is required for civilians to pre-register. Call Heeyun Lee at DSN: 724-7003/7781 or Comm: 795-3063 for more information.

NEWS & NOTES

ICE has arrived !!

ICE is here and we want to know what you think. Log on to <http://ice.disa.mil> and take a look at our new Interactive Customer Evaluation system. We have over 90 different customer service locations to choose from. Need information? Click on the  icon to get locations, operating hours and other useful information. After you check out our website, tell us what you think. Send an e-mail to ice@34SG.korea.army.mil and let us know how we're doing.

BOSS Comedy Show

BOSS comedy show will be held on April 12 at Main Post Club, Underground. Ticket is \$5.00. For more information, phone 723-7568.

Scholarship Offering

Society of American Military Engineers Korea Post is once again offering scholarships to Seniors planning to pursue engineering, or related careers. See your High School Guidance Counselor for information and applications, or contact CDR Washington at 723-5941 or washingtonjc@usfk.korea.army.mil.

Area II Commemoration Ceremony

Area II commemoration ceremony for "Days of Remembrance" for the victims of the Holocaust on April 18 from 2 p.m to 3 p.m. at Seoul American High School Auditorium. This event is open to the entire community and is designed to enhance cross-cultural awareness throughout the community.

Thrift Savings Plan And Personal Identification Number

Once a soldier's TSP account is established, the Thrift Investment Board will send the soldier an introductory letter and their PIN. This letter and PIN will be forwarded to the address the soldier used when they started their deduction for TSP. Once received they will be able to access the TSP Web site or call the Thriftline (504-255-8777) to make a contribution allocation. If a soldier does not receive/loses/forgets their PIN, they should access the TSP Web site (WWW.TSP.GOV) for instructions on how to obtain a new one.

Seoul Computer Club

The April meeting of the Seoul Computer Club will be held on Saturday April 13 at 2 p.m. at the Fulbright building in Mapo the sixth floor conference room.

Korea - 50 years ago this week

By Jim Caldwell

TRADOC News Service

April 12, 1951 - The 1st Marine Air Wing flew its first night close air support mission of the war using intersecting searchlight beams to mark enemy targets.

April 13, 1951 - As General Ridgway was winding up affairs as Eighth Army commander prior to assuming command of the UN Command, he put the final touches on plans developed during his term of command for rotating Army troops. Over 70,000 soldiers already were eligible under the length of service criteria of six months in combat units or one year in a support unit. The backlog of eligible troops would leave in monthly quotas based on the replacement flow. Since replacements currently exceeded casualty losses by more than fifty percent, the first quota of troops would leave Korea beginning on April 22.

April 14, 1951 - UN forces reached the Kansas Line as Operation "Dauntless" continued to push the Communists north.

April 14, 1951 - Since December 15, Bomber Command B-29s had destroyed 48 out of 60 assigned bridges and 27 of 39 listed marshaling

yards under Interdiction Campaign No. 4, but at a loss of eight bombers and their crews from combat and operational causes.

April 15, 1951 - Lieutenant General James A. Van Fleet took command of Eighth Army. General Van Fleet, a 1915 graduate of West Point with the class "the stars fell on," commanded a machinegun battalion in WWI, led the 8th Infantry Regiment ashore at Normandy and by the end of WWII was a major general commanding a corps. In the late 1940s he was head of a joint US military advisory group in Greece where he advised Greek forces in successfully stopping a Communist-supported insurgency.

April 16, 1951 - General and Mrs. MacArthur departed Haneda Airport for the United States. Nearly 500,000 Japanese turned out to say goodbye.

April 16, 1952 - Corporal Duane E. Dewey, E Company, 2nd Battalion, 5th Marines, 1st Marine Division, earned the ninety-eighth Medal of Honor of the Korean War. An enemy grenade landed close to his position

while he and his assistant gunner were receiving medical attention for wounds received during a fierce night attack. Corporal Dewey immediately pulled the corpsman to the ground and, shouting a warning to the other marines around him, smothered the deadly missile with his body, personally absorbing the full force of the explosion to save his comrades from possible injury or death. Miraculously, he survived almost certain death to receive his well-earned decoration.

April 16, 1953 - During the Battle of Pork Chop Hill, the 17th and 31st Infantry Regiments of the 7th Infantry Division were hit hard by the Communist Chinese and sustained heavy casualties.

April 17, 1951 - Operation "Dauntless" continued to advance against weakened Communist resistance in the 24th and 25th Infantry Division zones. A company of the 24th Infantry Division's 6th Tank Battalion moved up Route 3 to within seven miles of Kumhwa without contact.

April 18, 1951 - Having completed their tour of duty, the first 385 rotatees sailed from Korea enroute to Japan and the United States.



April is National STD Awareness Month

At least 15 percent of all infertility cases in American women are caused by pelvic inflammatory disease, which is usually a complication of sexually transmitted diseases. The STDs most often associated with PID are chlamydia and gonorrhea. Chlamydia and gonorrhea also cause sterility in men. Chlamydia and gonorrhea rank first and second among the most commonly reported infections in the U.S., according to the Centers for Disease Control and Prevention. Chlamydia occurs without noticeable symptoms in as many as 85 percent of cases among women and 40 percent of cases among men. Sexually active people can reduce their risk of acquiring STDs by using condoms. People who have had unprotected sex should consult a health care provider about getting tested for STDs - even if no symptoms are noticeable. Chlamydia and gonorrhea can be cured with antibiotics, thus preventing PID and its complications. If you are interested in having an HIV/STD class taught at your unit, contact your Area II Health Promotion Coordinator (Ok Hee Suh) at 736-3029 or e-mail your request to Ok.Suh@kor.amedd.army.mil.

NEWS & NOTES

Join Cub Scouts

We are looking for a few good boys. If you are entering grades 1-5 you can join Cub Scouts. It involves fun , camping , pinewood car , rocket and boat races, trips , friendships , and learning about yourself and the community. We are also looking for a few good adults. We need Cub Scout Leaders, assistant leaders and a variety of other positions. Both men and women are needed. For more information contact Cubmaster Dionne Morford at 738-7714.

Annual Texas A&M Aggie Muster

Annual Texas A&M Aggie Muster is being held on April 21 at Picnic Area #1 on South Post , noon. The Aggie Muster is held annually in honor of all Texas Aggies who have passed away within last year. For more information contact Michael Stephens at 790-8201 or on cell phone at 011-9069-1588.

Reserve Component Career Counselor

All separating officers and soldiers must contact their Reserve Component Career Counselor prior to leaving active duty. First contact should be as early as 120 days prior to separation. Reserve Component Career Counselors are co-located with the Separation Points. For more information, call 724-8491 or 723-6833.

The Social Evening

The Social Evening for 34th SG Morning Calm Social Group is being held on April 24 at Dragon Hill Lodge, 6 p.m. For more information call Marcie Bayhi at 738-4252 or Olivia Williams-Turner at 738-5285.

Contract Employment Opportunity

USA Contracting Command has a contract position for a "Pianist" at The Camp Casey Crusader Chapel. Interested individuals should contact Mr. Violette by today at DSN 724-7019/(02) 7914-7019. E-mail violettec@usfk.korea.army.mil

Expansion of WIC Overseas services

Women , Infants , and Children (WIC) Overseas Program in Korea has received authorization to expand its services to military personnel , DoD civilians , and contractors serving in Area I sites north of Seoul and also to Camp Humphreys in Area III. For more information call the Yongsan WIC Overseas office at DSN 736-6106 or the Osan WIC Overseas office at DSN 784-3806.

'Military Medicine Cabinet' - Carpal tunnel syndrome

By Capt. Kurt Brower

Chief, Occupational Therapy, 121st General Hospital

This column discusses a common disorder, carpal tunnel syndrome, which may be treatable by the health care professionals at the 121st General Hospital. April is Occupational Therapy month. To celebrate, we will be having an open house on April 25 from 1-4 p.m. Stop by and see what we're about!

Imagine yourself sitting down at the brand new, super fast multi-media computer you bought a month ago. This wonderful tool allows you to produce sharp, crisp, professional documents for work, explore exciting web pages, maybe even blast the latest alien invaders that Silicon Valley creates for our amusement. Sound like fun? It can be, but more people are finding out there's a painful price to be paid with today's technology.

If your job or hobbies have become, quite literally, 'pain,' you might have a cumulative trauma disorder. These are soft-tissue injuries that are the result of repetitive motions, and include maladies such as tendinitis, tenosynovitis, ganglion cysts and carpal tunnel syndrome.

According to the National Institute for Occupational Safety and Health (1988) more than 50 percent of all jobs in America have the potential for CTD. The work place today has evolved from an agrarian and industrial base to one of service and "high-tech" jobs. This, coupled with an aging work force and reduced turnover, may account for the rise in CTDs. Employees are concerned because of the pain and disability these disorders can create. Employers are concerned over the lost productivity of their work force and the enormous costs of medical care. Injured workers may require something as simple as rearranging their workspace to something as drastic as surgery to

relieve their symptoms.

One of the most prevalent CTDs is carpal tunnel syndrome. It is characterized by pain in the hand or wrist, frequent numbness and tingling, and the loss of hand strength. Carpal tunnel syndrome is most often caused by a combination of the following six factors:

- 1) High force/high repetition
- 2) Forceful pinch/grip activities
- 3) Poor body positioning
- 4) Low workplace temperature
- 5) Use of vibratory tools
- 6) Mechanical pressure

Who is at risk? It can be anyone from an active-duty soldier using a keyboard at work to a retiree who enjoys playing bridge or golf. The occupational therapist's goal is to reduce the pain and dysfunction associated with carpal tunnel syndrome, and increase the patient's ability in any of three areas: work, leisure or activities of daily living.

Case study: We recently saw a 41-year-old woman in the clinic who had swollen fingers and pain in both wrists and forearms. She had been employed in a variety of jobs (cashier, grocery bagger and seafood processor). She was unable to do many of her normal activities, such as crocheting and cooking with cast iron skillets. She had

tried putting ice on her hands and using a wrist splint at work, but neither one seemed to help very much.

Enter the Occupational Therapy treatment at 121st General Hospital, a multi-faceted department. The therapist discussed her job duties, as well as her hobbies, and suggestions for ergonomic changes were made. In other words, we talked about workplace design factors that could be made to minimize her discomfort. The patient was also educated on how CTS affects the anatomy of the hand and wrist using a color diagram and plastic model.

She was then instructed in therapeutic exercises, and we finished with the fabrication and fitting of custom made plastic wrist splints. At a follow-up session five weeks later, she reported complete relief of her symptoms (She also made changes at her job).

Early intervention for cumulative trauma disorders is important for a successful outcome. Your health care provider can answer any questions on CTDs or carpal tunnel syndrome. In order to be evaluated by an Occupational therapist at the 121st General Hospital, ask your primary care manager for a referral to Occupational Therapy. You may also call 737-5005 and speak to one of the staff.

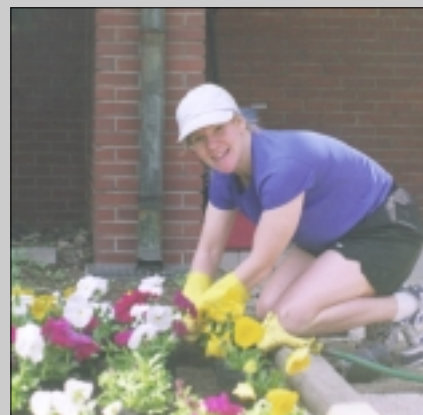


PHOTO BY H. YOUNG KIM

Spring flowers

Karen Jones, Blackhawk Village resident, plants flowers in her garden. Burts Self Help has plants available until Saturday for Yongsan Garrison residents.

NEWS & NOTES

ACS EFMP Support Groups

Support groups are a great opportunity for parents to share information, talk to specialists about their special needs, concerns or just listen and support other parents or special needs family members. The schedules are: 1. Autism Support Group meets the 2nd Monday and Thursday of each month from 5:30-7:30 p.m. at the Army Community Services Building, room #124. 2. The Hearing Impaired Support Group meets each month in Hannam Village. 3. Asthma Support Group and The Diabetic Support Group meet the 2nd Monday of each month from 5:30-6:30 p.m. at the CSB, room #205. For information, call 738-5311.

Spring Bazaar

Stop by and collect your vendor agreement, if interested in becoming a vendor. It will be held April 20, 9:30 a.m.-5 p.m. at U.S. Embassy Association Building. For information, call 7918-6124/ 397-4487.

Yard Sale

U.S. Embassy Association will hold a yard sale May 11 from 9 a.m.-2 p.m. If you have interest in space rental, stop by U.S.E.A. any time between 9 a.m. and 4 p.m. For information, call 397-4487/ 721-4487.

Excess Government Property Turn-in

DRMO Bupyong accepts turn-in of excess government property by appointment Monday-Thursday from 7:30 a.m.-2 p.m. Appointments can be made Monday-Thursday from 8 a.m.-3 p.m. by calling 722-3374 for nonhazardous property and 722-3890 for hazardous property. For information, call 722-3374.

The 2002-2003 Edition of The Seoul Survivor

The latest edition of The Seoul Survivor is currently available from ACS at Bldg 4106. The book contains helpful information for people moving to Yongsan and those already stationed here. It is free of charge. For more information contact Lisa Wood at DSN 738-4168 or snlwood@komet.net.

Boots-N-Booties

Boots-N-Booties is an ongoing support group provided by New Parent Support Program, FAP, ACS designed especially for the expectant soldiers (mothers and fathers) in Korea. Boots-N-Booties meets the 3rd Friday of each month in the Community Service Building room 124. The meeting will be on April 19 from 10 a.m.-2:30 p.m. For information on how to join our group call Kimberly Smetzer at 723-7391 or Karla Somera at 738-5150 (registration is required).

COMMUNITY CLOSURES**Chosun Gift Shop Closed**

The Chosun Gift Shop will be closed April 12-13 for Spring Break. The shop will reopen April 17.

Community Bank

In support of Military Payday, all branches of the community bank will open April 15 and close April 20.

QM Laundry and Dry Cleaning Plant Closed

The QM Laundry and Dry cleaning Plant will be closed on May 1, the Labor Day, for Korean National Holiday. For more information call Mr. Chang at 736-6666.

MCTs Closed

The 25th Transportation Battalion would like to make an announcement that all the MCTs in the Peninsula will be closed on May 17 for Battalion Organizational Day. For more information call CPT Kim at 725-6030.

Two from 17th Avn. Bde. win national award

By SPC Robbie J. Wells

8th U.S. Army Public Affairs

Each year, the Army Aviation Association of America presents several awards to outstanding soldiers and civilians in the field of Army aviation. This year, two of these national awards were presented to soldiers stationed in the Republic of Korea with the 17th Aviation Brigade.

Chief Warrant Officer Bruce L. Brown, Headquarters Company, 1st Squadron, 52nd Aviation Regiment, was awarded the Avionics Functional Award. Brown is a UH-60A CINCHAWK electronics system maintenance technician at K-16. He works on the helicopter group that is used in direct support of the commander, United Nations Command, Combined Forces Command and United States Forces Korea.

The Air Traffic Control Maintenance Technician of the Year was awarded to Chief Warrant Officer Everette J. Smith II, air traffic service maintenance officer, 164th Air Traffic Service Group, Yongsan garrison.

The AAAA is a private organization founded in 1957 by a group of senior aviation officers in the active U.S.

Army, Army Reserves and industry. The purpose of AAAA is to advance the status, spirit, general knowledge and efficiency of those professionally engaged in the field of U.S. Army aviation. What started at Fort Rucker, AL, with 1,407 members and two chapters has grown to more than 13,000 members and over 60 chapters.

Both soldiers were presented their awards at the Annual AAAA Ball at Fort Rucker, Feb. 6. Col. Anne F. MacDonald, commander, 17th Aviation Brigade, who also serves as president to the local chapter, and Medal of Honor recipient Chief Warrant Officer (Ret.) Michael J. Novosel, presented the awards at the ceremony.

Brown, a native of Chester, PA, credited the support of MacDonald, the brigade commander and her staff for making the award possible.

"I was greatly honored. This award has a special meaning to me. It not only represents me, but also my soldiers and the CINCHAWK Flight Platoon. There is no greater joy than knowing you are appreciated," Brown said.

"One of the greatest aspects of my job is my soldiers—knowing I can train and depend on them to perform beyond

the standards. I enjoy the support of my chain of command, working with people and solving complex electronic system issues," he said.

Smith, from Roanoke, VA, expressed great pride in his job and the award.

"I enjoy the complexity of maintaining the fixed base and tactical air traffic control equipment in support of the 8th U.S. Army and U.S. Forces Korea."

"I am proud to be recognized, but this award extends beyond me. It signifies that 164th ATS Group is the best in the Army. The merit of this award is based on hard work from past and present air traffic control maintainers that were assigned at the staff or company level, who came to work everyday to make a difference," Smith said.

Smith advises soldiers to "go to work and make a difference. The Army is structured on synergy. When you do your best, the Army is at its best and you will be better for it."

Both soldiers expressed sincere thanks to their commanders, soldiers, family and others for support. These award winners prove that hard work and dedication gets recognized and rewarded.

Sailors stand personnel inspection

By Petty Officer Third Class Jeffrey Feld

Naval Security Group Detachment Seoul

Forty-two sailors from U.S. Naval Security Group Detachment Seoul met at the Moyer Community Activities Center for a command personnel inspection, Officer in Charge call and awards ceremony. Displaying pride in themselves and the Navy, sixteen sailors from the detachment received outstandings for the inspection. There were no failures. It is not often that sailors get a chance to wear their Service Dress Blue uniforms on the Yongsan Garrison. "Being stationed on an Army base, it feels pretty good to show off my Navy blues—it turns quite a few heads around the base," said Seaman Christopher Chartier after the inspection.

The Officer in Charge took the opportunity to talk to the sailors about the results of the recent Command Climate Survey, which is used to assess the overall climate in the command. Based on the survey, the command is doing very well. As with all commands there is always room for improvement. Many of the suggestions have been implemented. The remaining suggestions are being reviewed and a plan of action developed for incorporation into the

command's goals.

Lt. Duncan's "hands-on approach" to leadership and his many initiatives for those who serve under him have given the detachment a great sense of pride and a feeling of camaraderie. Illustrating his endearment for his sailors, Lt. Duncan said, "As

I walked through the ranks, the pride I felt was overwhelming. It is truly an honor and a privilege to serve with such an august group of sailors. It's that sense of pride and exhilaration that keeps me serving today even after twenty five years of naval service." The sailors at NSGD have a reputation of excellence.

During a recent Commanders' Conference in Hawaii, Commander, Naval Security Group Command, Admiral Joseph Burns stated, "I have heard about the many good things our sailors are doing in Korea."

The event ended with an awards ceremony. Petty Officer Second



PHOTO PROVIDED BY NAVAL SECURITY GROUP DETACHMENT SEOUL
Senior Chief Petty Officer David Jarrell leads the formation during preparations for the inspection.

Class Shannon Burford was presented with Sailor of the Quarter and Year plaque.

Petty Officer Third Class Fransisca Alvarado was awarded a Letter of Commendation in recognition of winning Junior Sailor of the Quarter. Petty Officer First Class Brian Nadrowski was awarded the Foreign Language Excellence Award for both French and Spanish. Good Conduct Medals were presented to Senior Chief Petty Officer Mark Cumber, Chief Petty Officer Stephen Tenison and Petty Officer Second Class Robert Johnson.

AAFES patrons can now shop at SSSC

By Sgt. 1st Class Lisa Gregory
AAFES PAO

The Army and Air Force Exchange Service Korea is offering another retail opportunity for its customers ... an office supply store. The Self Service Supply Centers opened April 1 for all authorized exchange users.

The SSSC is a service setup for organizational units to purchase their unit supplies. Units can use a government IMPAC card at the facility and can purchase organizational items such as road guard vests, mess supplies, and award folders, along with a host of other consumable items that are usually found at most office supply stores. Those using a government IMPAC card at SSSC also receive a 10 percent

discount for unit purchases.

The Army and Air Force Exchange Service in Korea has recognized that this is a valuable service not only for military units, but also for the local communities as a whole. With this in mind the facilities throughout Korea will be able to accept cash, credit cards and checks from all authorized users.

In 1999, AAFES accepted the responsibility of operating the SSSC stores in Korea. Today there are six in operation. In the Capital Region the SSSC is located at Yongsan South Post. The Southern Region has stores at Camps Carroll, Hialeah and Henry. The Northern Region has a store at Camp Casey and the Central Region has one at Camp Humphreys.

The stores carry approximately 1000 different types of office supply items from clipboards to post it notes. AAFES hopes this will be a resource for parents needing school supplies for their children, as well as the military member needing paper, envelopes and pens to write home.

The use of SSSC by all authorized users is just another way for AAFES to provide quality service to quality customers. To find the SSSC in your area, check your local area phone book or contact the operator for the number.



PHOTO BY SGT. 1ST CLASS LISA GREGORY

Master Sgt. Emanuel Anbrona, United Nations Command, surveys his items while being checked out at the Yongsan SSSC. The store opened to all ID card holders April 1.

AAFES hazardous recall

AAFES brand nasal allergy symptom controller

AAFES News

DALLAS — The Army and Air Force Exchange Service and Alpharma USPD, Inc., is voluntarily recalling the AAFES Brand Nasal Allergy Symptom Controller Cromolyn Sodium Nasal Solution USP, due to failure to manufacture the lots according to the required manufacturing practices. The affected lots and expiration dates are as follows:

Lot Number RC1136 Expiration Date Sep 30 03

Lot Number RH1465 Expiration Date Dec 31 03

Customers should stop using the spray and check to see if it is from one of the affected lot codes. The lot number and expiration date are located on the bottom of the box or can be found on the side of the spray bottle. Recalled products should be returned to the nearest AAFES retail store for a refund.

NEWS & NOTES

Positions at Pre-School

"The 34th Support Consolidation Chaplains Fund Manager, SFC Annie Jackson, is accepting bids through April 21 for the positions at the Mustard Seed Christian Pre-School. Contracts will be awarded NLT April 30 for the 2002-2003 school year. Positions include resource coordinator, teachers, and assistant teachers. All positions are part time. Contract bid sheets can be picked up at South Post Chapel. Please turn in sealed bids to the South Post Chapel. For more information please call 738-3917/8503.

Adult Confirmation Class

If you are a Baptized Catholic but have not been confirmed, you are invited to join a class in preparation for the Sacrament. For more information, call Liz Austin 724-2153.

Tax shelters – I thought that would get your attention!

By Chaplain (Col.) Mark Fentress

34th Support Group and Area II Staff Chaplain

With the federal income tax deadline quickly approaching, one constantly hears in the news media about how to figure deductions, write off expenses and protect income from unrequired taxation. Indeed, accountants and tax experts earn sizable fees for showing people in high tax brackets how to find good, legal tax shelters.

Now folks, obviously, there is nothing wrong with knowing and applying tax laws to minimize one's taxes. However, the thought strikes me when I hear a word like "shelter" that many men and women may spend considerably more time looking for a haven for their money than they do for their souls. And this is a tragedy for many of our contemporaries.

Jesus gave us a distressing report on a rich farmer/entrepreneur whose sole

preoccupation in life was that of gathering more and more material wealth. According to the parable, the man's land was so fruitful that he had to build bigger and bigger barns in which to hold his bountiful harvest. "Thou fool," Jesus said, "This night thy soul shall be required of thee." (Luke 12:20)

The point the Master was making has nothing to do with the evils of money or possessions as some would have us to believe, but rather with one's priorities in life. When we put other things ahead of God and take refuge there, then you and I have chosen the wrong shelter. For the only eternal shelter for us in this world and the next is the Lord God. And it is His shelter that "preserves thy going out and thy coming in from this time forth, and even forevermore." (Psalm 121) God bless and prosper you as you live under



Chaplain (Col.) Mark Fentress is the 34th Support Group and Area II Staff Chaplain.

the Protective Shelter of His care, strength and love!

Prayer: Lord God, help me to look to You for my strength and eternal security, not to the fleeting, transient treasures of this world. Amen.

Distinctive Faith Group Sunday Services			Protestant			Rok Army Korean		
Episcopal	10 a.m.	Memorial Chapel	Sun	8 a.m.	Memorial Chapel	ROK Army Catholic Mass		
Lutheran Communion Worship	11 a.m.	121 Hospital Chapel		9:30 a.m.	121 Hospital Chapel	2nd Tues	Noon	Memorial Chapel
United Pentecostal Church International	1:30 p.m.	Memorial Chapel		9:30 a.m.	Hannam Village Chapel (Korean)	ROK Army & KATUSA Protestant Service		
Church of Christ	2 p.m.	South Post Chapel		10 a.m.	Balboni Theater (ROCK Service)	Tues	6 p.m.	Camp Colbern Chapel
Interdenominational Worship Service	4 p.m.	Memorial Chapel		10:15 a.m.	South Post Chapel	Wed	8 p.m.	K-16 Community Chapel
New Life Fellowship	4:30 p.m.	South Post Chapel		10:30 a.m.	K-16 Community Chapel	Thur	6:30 p.m.	Memorial Chapel
				11 a.m.	Hannam Village Chapel	Korean Christian Fellowship Association		
				Noon	South Post Chapel (Gospel)	3rd Tues	11:45 a.m.	Memorial Chapel
				7 p.m.	Camp Colbern Chapel			
Catholic			Islamic			Jewish		
Sun	8:30 a.m.	South Post Chapel						
Tues	12:05 p.m.	121 Hospital Chapel						
Mon/Wed/Thur/Fri	12:05 p.m.	Memorial Chapel						
Sat	5 p.m.	Memorial Chapel						
Sun	Noon	Memorial Chapel	Fri	Noon	Memorial Chapel	Fri	7:30 p.m.	South Post Chapel
						Sat	10 a.m.	South Post Chapel

Yongsan NCO attains success in Army, maintains courage while husband battles terrorists



PHOTO BY SGT. JONATHAN DEL MARCUS

Sgt. Tara E. Garner, automated logistical specialist, 305th Quartermaster Company, left, helps Spc. Jessica L. Hendix, orderly room clerk, to prepare her gear.

By Jonathan Del Marcus

Editor

An Army noncommissioned officer sat at her desk in a large, quiet room that contained a few workstations at the 305th Quartermaster Company headquarters building near the Commissary on Yongsan South Post March 29. Dressed in civilian clothes, she was taking care of a few items of business before preparing to go out to the field for a training exercise later that day. Her face expressed a calm, sweet smile, and she spoke with a steady, self-assured tone. A casual observer would not be faulted for concluding that there was nothing unusual about this particular soldier preparing to execute her mission.

Sgt. Tara E. Garner, however, is no ordinary person or soldier. For in staring down and conquering some of life's most difficult challenges, her life and attitude are guiding examples that we all can learn from and strive to emulate.

A native of Queens, N.Y., Garner, 30, is an automated logistical specialist. She spent four years in the Army Reserves before switching over to active duty in 1997 after deploying to Satocano Air Base in Honduras with her reserve unit.

"I wanted to know what active duty was really all about. I wanted to go in the Reserves

first to try it out, and if I liked it enough, then I would come on active duty," she said.

Garner was stationed at Fort Campbell, Ky., from 1997-2000 and has been stationed in Korea since November 2000.

Recently, she earned the coveted distinction of being inducted into the Army's prestigious Sgt. Audie Murphy

"...You see the protesters, and they want us to go home. But, then you come and see these people that just love the fact that we're here, and we're here to help them."

- Sgt. Tara E. Garner

Club.

She became interested in vying for membership in the club when her squad leader, who was already a member, encouraged her to try.

"When I came to the 305th, she asked me if I knew about it," Garner remembered.

After researching the club, Garner felt it was something that she would like to do.

To become a member of the Sgt. Audie Murphy Club, NCOs

must pass a difficult process that includes two separate boards divided into three phases. In addition, an NCO's records are carefully scrutinized. The first order of business, however, is to have the support from one's chain of command.

"You have to get recommended by the first sergeant, the commander and the sergeant major," Garner explained.

After being asked to assess Garner's abilities, one of the member's of her chain of command offered this description.

"When you think about Sgt. Garner, you think about the Army values," said 1st Sgt. Edward L. Johnson, first sergeant, 305th Quartermaster Company. "She thinks about her unit and her soldiers. She is a straight-up NCO and a true professional."

To reciprocate the mentoring that she received, Garner is in turn mentoring another NCO from her unit through the Sgt. Audie Murphy Club process.

Further establishing her as one of the Army's finest, Garner was among 80 servicemembers chosen by their individual commands who participated in March in the 31st Annual USO Six Star Salute. The two-day event honored outstanding servicemembers throughout

Korea who serve in different branches of the U.S., Korean, UN and Thai forces. During the event, Garner wore her Sgt. Audie Murphy Club medal around her neck when in her formal Army dress uniform.

"That Six Star Salute, I've never been to anything so fabulous in my life. You see the protestors, and they want us to go home. But, then you come and see these people that just love the fact that we're here, and we're here to help them," she said.

While Garner succeeds at negotiating difficult challenges, her husband has his own obstacles to deal with.

Garner's husband, Sgt. 1st Class Harold Garner, 3rd Special Forces Group, Fort Bragg, N.C., is currently serving in Afghanistan as an Army Special Forces team leader.

"Right now my husband is overseas in Afghanistan," Garner said. "It's really hard, but we've been married so long. He was a ranger before he went into Special Forces. Then he's also been out on the trail (Drill Sergeant Duty). Throughout our marriage, we've been pretty much separated, but we've managed to hold it together."

Because he is deployed in a combat zone, it is difficult to communicate regularly and for long periods of time.

"When we last talked in February, he assured me everything is OK over there. They have limited telephone access. They move so often, they don't have time to pick up the phone and call. And, they are also limited because of operational security. He can't email me either. I can email him, but I don't think he will get it. I talked to him for about 10 or 12 minutes. He told me everything was OK. He told me he loved me," Garner said.

Living with the uncertainty about her husband's situation has served to strengthen her even more.

"If I sit there and think about what could happen, what might happen, I'm going to stress myself out, and I am not going to be a performer. When I come to work, I have to come to work right. I've got to come to work ready to train these soldiers, and they look for that. When you're hard charging and you don't back down, then they look at that and they say this is somebody

that I can depend on, this is somebody who knows where they're going," she said.

Because of their busy Army lives, the Garners have been living apart for several years. They are the parents of three children, twin 13 year-old boys, Laqwon and Raqwon, and an eight year-old girl, Sabrina.

"My boys are with my father, my daughter went to my husband's sister, her aunt. She's over there with them because my husband had to deploy so quickly," she said.

Garner has also had to struggle with learning how to handle her children's questions about their father.

"It's hard when the kids ask. My kids are old enough to know what's going on. When they ask, 'How's Daddy,' it's hard. I just tell them Daddy's fine. I tell them I talked to him when I really haven't. But, it's something to ease their minds so they can go ahead and go on," Garner explained.

Garner gave her own self-assessment about what has made her successful despite difficult circumstances.

"I am a very hard charging NCO. I'm persistent. And, if I see something that I want, I am going to get it. I love the military and the challenges. It seems like every time you feel like you've done something, there's another challenge sitting right there in your face. Right now, that other challenge is my warrant officer packet. It's something to better help my kids in the long run. Sometimes you have to leave to be able to support your family. I'm over here, and I am trying to get promoted and trying to make sure things are good for my family in the long run," Garner said.



PHOTO BY SGT. JONATHAN DEL MARCUS

Sgt. Garner at work in the 305th Quartermaster Co.

April 12- April 18

April 12	Showtime	P G 1 3	Fri. 6, 8: 30 p.m.
April 13	E.T.-The Extra Terrestrial	P G	Sat. 2, 5 & 8 p.m.
April 14	E.T.-The Extra Terrestrial	P G	Sun. 2, 5 & 8 p.m.
April 15	E.T.-The Extra Terrestrial	P G	Mon. 7 p.m.
April 16	A Beautiful Mind	P G 1 3	Tue. 7 p.m.
April 17	A Beautiful Mind	P G 1 3	Wed. 7 p.m.
April 18	A Beautiful Mind	P G 1 3	Thu. 7 p.m.

"Blade 2"

Starring
Wesley Snipes, Kris Kristofferson



Exploding from the pages of Marvel Comics comes the follow-up to the blockbuster Blade. Blade (Wesley Snipes) is half man and half vampire and consumed by a desire to avenge the curse of his birth and save the human race from a blood-drenched Armageddon. In this newest adventure, Blade must align himself with a high-powered team of vampires to take on a greater evil than either has ever faced — a new kind of super-vampire that is itself on a vicious hunt to eradicate both races.

Rated: R

"Slackers"

Starring
Jason Schwartzman, Devon Sawa



Dave (Devon Sawa), Sam (Jason Segel) and Jeff (Michael C. Maronna) are about to graduate from Holden University with Honors in lying, cheating and scheming. The three roommates have proudly scammed their way through the last four years of college and now, during final exams, these big-men-on-campus are about to be busted by the most unlikely dude in school. Self-dubbed Cool Ethan (Jason Schwartzman), an ambitious nerd with a bad crush, enters their lives one day and everything begins to unravel. When Ethan accidentally catches Dave in an exam scam and gathers some incriminating evidence against him, Dave and his friends find themselves completely at his mercy. Threatening to expose the three SLACKERS Ethan offers a deal : he'll let the guys off the hook on one condition, that they use their unethical expertise to get him the object of his desire, the brainy babe Angela (James King).

Rated: R

"A Beautiful Mind"

Starring
Russell Crowe, Ed Harris



From the heights of notoriety to the depths of depravity, John Forbes Nash, Jr. experiences it all. A mathematical genius, he made an astonishing discovery early in his career and stood on the brink of international acclaim. But the handsome and arrogant Nash soon found himself on a painful and harrowing journey of self-discovery once he was diagnosed with schizophrenia. After many years of struggling, he eventually triumphed over this tragedy, and finally, late in life, received the Nobel Prize.

Rated: PG-13

April 19 - April 25

April 19	Blade 2	R	Fri. 6, 8: 30 p.m.
April 20	Blade 2	R	Sat. 2, 5 & 8 p.m.
April 21	Black Hawk Down	R	Sun. 2, 5 & 8 p.m.
April 22	Black Hawk Down	R	Mon. 7 p.m.
April 23	Slackers	P G 1 3	Tue. 7 p.m.
April 24	Slackers	P G 1 3	Wed. 7 p.m.
April 25	The Mothman Prophecies	P G 1 3	Thu. 7 p.m.

For information on movie schedules, call 723-7389.

Community Fun Fair

The Community Fun Fair will consist of carnival-type games for children of all ages, a volunteer extravaganza, food/drinks and lots of fun. It will be held at the Child Development Center parking lot April 20, from 11 a.m.-3 p.m.

Volunteers Needed

The Yongsan Barracudas Swim Team needs a head coach for the upcoming summer swim season. This youth activities sanctioned team is for all Yongsan area swimmers ages 6 to 18 years old. We begin practices in late May. If you are an experienced swim coach, avid swimmer, or just someone who would enjoy helping , then WE NEED YOU! For more information contact John Loefstedt, (W) 723-6363, (H) 99-795-8272, or Gary Yance, (W) 742-4419, (H) 99-798-7909.

U.S. -KATUSA week 2002

This fantastic event kicks off May 6, check out upcoming issues of Seoul Word for more information.

Area II Boss Talent Competition

BOSS needs your assistance to make Area II Boss Talent Competition a success. Talent competition will be held at 7 p.m. on April 26 at Main Post Club Underground. Competition is open to all single and unaccompanied soldiers on army bases throughout Area II. For more information, phone 723-7568/7724.

News & Notes

8th Army , AFAP

The Major Command will hold the annual Army Family Action Plan Conference May 13-14. At the conference delegates, who represent the global Army family (soldiers, retirees, Department of the Army civilians and family members) evaluate issues submitted from installations and local communities. Some of the issues are worked at MACOM level where they result in command-wide quality of life improvements. Issues that require DA, DoD or legislative authority are submitted to Headquarters, DA. Point of contact is Adelle Kosture at 725-5271. If you would like to be a delegate, contact your unit POC.

Banquet in Honor of the Tuskegee Airmen

The Council of Deliberation, Far East, will hold this banquet May 20, 6 p.m. at the Dragon Hill Lodge ballroom. Cost: \$25 donation. For tickets, contact Command Sgt. Maj. Hawkins at 011-695-0636 or 723-6493.

Chosun Gift Shop

The Chosun Gift Shop has received a new shipment of blue & white dishes from Thailand, dishes from Hong Kong and Rattan furniture from the Philippines. Special orders for Rosewood furniture from Hong Kong are being taken. The shop is open Wednesday and Saturday 10 a.m.-3 p.m.

BOSS Body Building Competition

Area II BOSS holds it's annual Body Building Competition on Friday, May 31, 6 p.m. at Main Post Club Underground. For more information call 723-7568/7724, 723-3295.

Budweiser Challenge Bowler

The traditional end-of-the-month Budweiser Challenge Tournament is a HANDICAP-Type Tournament April 28. More challenges for you to encounter. For information, call 723-7830.

MWR 9-Ball Tournament

Eighth Army MWR announces that the 2002 Korea-wide 9-Ball Pool Championship will be held at Camp Carroll Community Activities Center on April 20-21. Each support group/area command will host individual tournaments where participants will compete to see who will represent their SG/AC at the Eighth Army MWR 9-Ball Championship. For more details check with your local MWR recreation center.

Area II 9-Ball Pool Tournament

Area II 9-Ball Pool Tournament will be held April 14, 10 a.m. in the game room #208 at Moyer CAC. Winner will qualify for the Eighth U.S. Army/MWR 9-Ball Pool Tournament on April 20-21 at Camp Carroll CAC. For more information, call 723-3295/3265.

Youth Bowlers

Sign-ups for the summer league session is now on going. The league starts May 4. You can join the Young American Bowling Alliance. It's every Saturday from 9:30-11:30 a.m. For information, call 723-7830/738-5171.

Monthly Prize-Bowling

The Yongsan Lanes gives a monthly prize, sponsored by the Coca Cola Company. You can win by bowling a certain score. It's free. For information, call 723-7830/7203.

"Child" from Page 1

after the bruises have healed.

Some studies report that in the United States, as many as one out of every eight boys and one out of every four girls is sexually abused before turning 18 years old. In 90 percent of these cases, sexual abuse occurs in the home, particularly when younger children are involved. A child who knows the abuser (about 90 percent of cases involve an abuser who was previously known to the child) usually senses that the abuse is wrong, but the child may feel trapped by the affection felt for the person or fearful of the power the abuser has over the child, so they don't tell. Whatever the statistics, one thing we know is that child abuse is too frequent and too often hidden.

Emotional abuse can be just as damaging. The effects can last a lifetime.

Four Types of Abuse

Abuse of a child can mean physical abuse, physical neglect, sexual abuse, or emotional abuse.

Physical abuse can include the following actions: hitting, throwing, kicking, shaking, beating with an object, starving or failing to provide food for a child

Physical neglect can interfere with a child's growth and development such as: not providing adequate housing or warm clothing in cold weather, leaving a child alone for extended periods of time, not providing medical care when a child is sick or injured, placing a child in a physically dangerous situation

Sexual abuse can be: fondling, touching, or etc., a child in some sexual manner. More information can be provided on request that would describe details of this form of abuse.

Emotional abuse occurs when a parent ignores, terrorizes, blames, belittles, or otherwise makes a child feel that he's worthless and incompetent.

Shaken baby/shaken impact syndrome is a specific form of child abuse. It's the leading cause of death in child abuse cases in the United States. Most incidents last just 5 to 20 seconds, but that's enough time to cause sufficient brain damage to kill the baby. In some cases, a blow to the head accompanies the shaking.

Signs of Abuse

Of course, all children get scratches, bruises, and cuts from time to time. That's the nature of childhood - a time that's full of tumbling, climbing, and adventuring. That makes it difficult to tell what's normal and what may be a sign of abuse. Unfortunately, there's no one telltale sign that a child is being abused.

Bruises, black eyes, and broken bones are certainly clues, but other signs are less obvious. Children who have been abused may behave differently. They may have nightmares or trouble sleeping. Their school performance may suddenly decline. In addition, they may: be aggressive or disruptive (become bullies), display intense anger or rage, act out sexually, be self-destructive, self-abusive, feel sad, passive, withdrawn, or depressed.

Children who witness abuse but are not victims themselves may also display some or all of the above signs. It's important to note that these symptoms are all nonspecific, meaning they could result from a number of causes - not just child abuse. Children who are under stress from a variety of sources - including parental separation, divorce, and visitation and custody arrangements - may show similar symptoms.

What to Do if You Suspect Abuse

Abuse is not a private family matter, although it most often occurs within families and often every attempt is made to keep it secret. Once you suspect child abuse, you need to act to protect the child from further possible harm. It doesn't matter if you're wrong: it's better to be wrong than sorry.

Here's what to do:

- If you suspect that a child is being abused and is associated with the military in Seoul Korea, Yongsan/Area II, call the 24 hour hotline: 737-4101. It's your responsibility to contact this emergency hotline. If necessary, you may remain anonymous. The child's safety is the immediate issue: you could save his/her life.

- If you have abused your own child or think that you might, talk with a friend, relative, or your child's doctor, or other trusted adult immediately. These people can refer you to a mental health professional who can help.

- If you suspect that someone you know is abusing a child, such as a babysitter or child care provider, there are specific steps to take. "If parents have a reasonable suspicion that a caregiver is abusing their child, they should protect the child by limiting or supervising contact with that person. They should then talk to the child in a way that's not alarmist, at the child's developmental level," advises Paul Robins, PhD, a behavioral health specialist.

Your child should know about the different kinds of abuse and how to spot it. "The issue is helping kids identify what adults can and can't do, what's OK and

not OK, and helping kids know who they can talk with once something happens," Dr. Robins says. They should be told that they don't have to do everything adults (such as teachers or babysitters) tell them to do, especially when they think it's wrong. Parents must educate their children at home about strangers and not being touched in private areas.

What Is Self-Esteem?

In order to equip your child with the tools that will help to develop a healthy self-esteem, it is essential to better understand what self-esteem is. Brian Mesinger, PhD, a pediatric psychologist, defines the term this way: "Self-esteem is the collection of beliefs or feelings that we have about ourselves. How we define ourselves hugely influences our motivations, attitudes and behaviors."

Dr. Mesinger notes that patterns start very early in life. "At about the age of 3 or 4," he says, "children are exploring many ideas and reaching conclusions about themselves that begin to crystallize." But the process starts even before then, during infancy. When a baby or toddler reaches a milestone, the child can experience a sense of accomplishment that bolsters their developing self-esteem. Learning to roll over after dozens of unsuccessful attempts or finally mastering getting the spoon into a child's mouth every time a the child eats are experiences that teach a young child a "can do" attitude. The concept of success following persistence starts early. Healthy self-esteem is a child's armor against the challenges of the world. Kids who feel good about themselves seem to have an easier time handling conflicts and resisting negative pressures. They tend to smile more readily and enjoy life. These kids are realistic and generally optimistic.

Signs of Unhealthy and Healthy Self-Esteem

Self-esteem fluctuates as children grow. Children who have low self-esteem may not want to try new things. They frequently speak negatively about themselves, saying such things as, "I'm stupid," "I'll never learn how to do this," or "What's the point? Nobody cares about me anyway." A child can exhibit a low tolerance for frustration, giving up easily or waiting for somebody else to take over.

Editors Note: See Part II in the April 26 edition of Seoul Word and learn what parents can do to help. This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids and teens. For more articles visit www.KidsHealth.org.

Hazardous recall: SnugRide infant car seats

AAFES News

DALLAS — The Army and Air Force Exchange Service, along with the National Highway Traffic Safety Administration and Graco Children's Products, announces a recall of 918,930 SnugRide infant car seats equipped with a base. In the event of a sudden stop or crash, the car seat could detach from the base resulting in serious injury or death.

Graco has not received any reports of injuries or deaths. The recall is being conducted to prevent the possibility of injuries.

Some of the car seats may have missing components on the base or seat. The components are metal hooks, "U" bars or pins that are used to attach the carrier to the base. If the hardware is missing, the carrier may

not be securely attached to the base.

The model numbers included in the recall are listed at www.gracobaby.com. The model name, model number and date of manufacture is located on the label adhered to the car seat or base.

Consumers with Graco infant car seats manufactured in the USA between August 31, 1999 and February 28, 2002 should visit the company's web site at www.gracobaby.com or contact the company at 1-800-664-5246 to determine if their unit is affected. Consumers will receive a free replacement car seat or base if their unit is affected. Consumers may also write to the company at: Graco Children's Products Inc. P.O. Box 100 Elverson, PA 19520.

Yongsan Lanes YABA stars

as of April 6

Pee-Wees

Name	Score	
<i>Boys</i>		
Brenden Endrina	91	Scratch Game
Ellison Stanley	91	Scratch Game
	198	Handicap Game
<i>Girls</i>		
Darylyn Tanner	76	Scratch Game
Milan McGruder	76	Scratch Game
	189	Handicap Game

Bantam

<i>Boys</i>		
John Scott	117	Scratch Game
	207	Handicap Game
	233	Scratch Series
	413	Handicap Series
<i>Girls</i>		
Tatchin Breedlove	85	Scratch Game
	200	Handicap Game
	160	Scratch Series
	390	Handicap Series



PHOTO BY TOM BRUCE
This weeks featured bowler is Allen Wagner, 14 years old. A charter member of the Yongsan Youth Services Bowling Club, Allen has been bowling for 7 years. During league competition on April 5, Allen bowled his first 600+ series by rolling consecutive 211, 214, & 216 games for a 641 series and his first triple duce series.

Preps

Name	Score	
<i>Boys</i>		
Yong-il Park	158	Scratch Game
	243	Handicap Game
	466	Scratch Series
	722	Handicap Series
<i>Girls</i>		
Christine Spann	137	Scratch Game
	211	Handicap Game
	386	Scratch Series
	608	Handicap Series

Jr-Majors

<i>Boys</i>		
Allen Wagner	216	Scratch Game
Eugene Oh	259	Handicap Game
Allen Wagner	641	Scratch Series
	716	Handicap Series



Youth baseball opens season

By Robert Nott

Area II Youth Services Coordinator

The Youth Services Sports baseball opening ceremony included more than 600 youth, coaches and parents. The ceremony began at 11 a.m. April 6, at the YS Gym. Chaplain (Col.) Mark Fentress of the 34th Support Group, gave the invocation that promoted fun, good will, and sportsmanship for all players, coaches, parents and umpires. Col. Steve T. Wilberger, 34th

Support Group and Area II commander, spoke about the breadth of the YS sports program (460 youth, 34 teams in seven age categories—from 5 to 15 years of age), which is the largest outside of the Continental United States throughout the Department of Defense. Wilberger spoke about the renovation of the athletic fields. The fields are scheduled to be completed in July 2002. Until then, a schedule has been

developed that will provide maximum usage of existing fields. The ceremony concluded with the introduction of the coaches and teams. The day was great. The only problem was that ‘Mother

Nature’ chose to ‘rain on the parade.’ If the weather cooperates next weekend, you will hear the crack of the bat, the roar of the crowd and those wonderful words ‘Play Ball.’

Family fun walk/run in the rain!



PHOTO BY PFC. LEE SANG HYUB

5km Child Abuse Prevention Month Family Fun Walk/Run started April 6, 9:30 a.m. at the Collier Field House. Even in the rain, 94 soldiers, family members and civilians participated in this walk/run and enjoyed it.

The 2nd International Tourism Seoul Half Marathon Grand Festival!



PHOTO BY JONATHAN DEL MARCUS

The 2nd International Tourism Seoul Half Marathon Grand Festival was held April 7 at the World Cup Main Stadium South Gate Plaza. Area II personnel and several hundred 2nd Infantry Division soldiers participated in 5k, 10k and half marathon races.

“Anytime I see an event like this, whether it is a marathon or half marathon, I just want to come out and meet people. So I enjoy this type of thing,” said Staff Sgt. Jose Ortiz, personnel sergeant, Headquarters Company, 18th Medical Command.

“I did the 5k. I did it better this year than last year. It’s good. People are very friendly, even though there is a language barrier. They were still cheering us on, and I saw a lot of unity. That was the whole purpose of the run, friendship, said Spc. Shannon F. Douglas, finance clerk, Headquarters Co., 8th Personnel Command.

Planting for future generations!



USO COURTESY PHOTO

USO Korea and United States Forces Korea service members team up with the Seoul Metropolitan Government for an Arbor Day flower planting at the World Cup Stadium complex in Mapo-gu, Sangam-dong, April 5. Two hundred U.S. soldiers and 1,800 Korean citizens took part in planting over 100,000 flowers on the ground surrounding the new stadium.

New World Cup Stadium!



PHOTO BY JONATHAN DEL MARCUS

A view of the inside of the new World Cup Stadium. It was opened to visitors for a short time after the 2nd International Tourism Seoul Half Marathon April 7.

Yongsan Fire Station renovation

By Donald L. Hollis

Assistant Fire Chief, Yongsan Fire Department

The Yongsan Fire Department's main fire station on South Post is currently undergoing a renovation which will be completed within the next 90 days. The fire station is a full time, operational station, headquarters for 74 firefighters who live and work there on twenty-four hour rotating shifts. The Department offers a wide range of public service programs including an extensive fire prevention program (juvenile fire setters education, arson investigation, and fire inspection); full emergency capability; fire fighting rescue, confined space rescue, and hazardous materials/weapons of mass destruction response.

In the past few years, minor upgrades and renovations were accomplished to keep the fire station habitable; however, problems persisted with the heating and air conditioning systems, inadequate living space and numerous other maintenance problems. Therefore, the fire station is presently undergoing an upgrade that will have a profound impact on the quality of life for firefighters and improve emergency responses.

The current renovation will include a remodeled and expanded Communication Center providing around-the-clock capability for answering emergency telephone calls, radio traffic, and electronic alarm signals, dispatching fire apparatus, and requesting medical, police, and fire department assistance as necessary; a training room for on-the-job training programs for DoD firefighter certification, continuing education and proficiency training; remodeling and/or expansion of the kitchen, laundry room, day room, storage area, and the fire prevention office; larger living/sleeping quarters with rooms shared by no more than one firefighter; and a new and improved physical fitness room to ensure firefighters remain physically fit to maximize their job performance and respond to fires in a safe and efficient manner.

Commentary: Attitudes of 1812 must change

By Don Dees

Army News Service

WASHINGTON - "Weekend Warriors!" "Nasty Guard!" Darn Reservists!" It's all been said.

Guard and Reserve troops have traditionally been viewed as inferior to regular Army soldiers.

When British Maj. Gen. Phineas Riall faced troops from the 6th Infantry Regiment during the War of 1812, he thought he would be facing militia members from Buffalo, N.Y. Instead he encountered soldiers who marched bravely through his artillery fires. Seeing their professionalism, Riall exclaimed, "Those are Regulars, by God!"

Riall expected to encounter what today we would call reservists, and instead, he had to fight against soldiers from America's standing army.

Riall's prejudice nearly mirrors attitudes that still exist in some places regarding the Guard and Reserve. Some active-duty soldiers believe reservists just don't maintain the same standards.

Army Regulation 670-1 governs the

wear and appearance of the Army uniform. The regulation does not say active-duty forces must wear it one way and reservists another. There is no provision for alternate uniforms for each component.

When it comes to drill and ceremony, Field Manual 22-5 does not differentiate between components regarding how to march.

The U.S. Army Training and Doctrine Command regulates training for all soldiers, regardless of component. Basic trainees undergo the same rigorous indoctrination into Army life, regardless of component. New recruits also must undertake training for their specific job in the Army. TRADOC regulates this advanced individual training for all components.

Reserve-component units must validate their capabilities upon mobilization, just as active units do through exercise evaluations and rotations through Army maneuver training centers.

Senior Army leadership promotes the notion of, "one team, one fight." Comparable training requirements

ensure this can be a reality.

Winston Churchill had it right when he said, "The reservist is twice the citizen." Guardsmen and reservists live and work in their communities and serve their nation when duty calls.

Some active-component soldiers assume that with only two training days a month available, reservists cannot achieve the same level of proficiency.

This assumption ignores the fact that many reservists hold the same or similar vocation in private life.

The Army relies on reservists to carry out its mission. The U.S. Army Reserve Command manages 500 units as part of the Army's Force Support Package, according to the command's mission statement. These units would be activated immediately to provide combat support and combat service support capabilities in time of full mobilization.

Today, half the U.S. Army's combat power exists in the National Guard. National Guard units have been a part of the peacekeeping efforts in the Balkans since shortly after the

1995 Dayton Peace Accord was signed. In the last rotation, force protection at one cluster of base camps south of Tuzla, Bosnia, was the responsibility of a Georgia National Guard unit.

During Desert Storm, 13 reservists were killed and 43 were wounded Feb. 25, 1991, when a SCUD missile hit the building where the 14th Quartermaster Detachment was staying. That Reserve unit sustained the most casualties of any allied unit during the Gulf War.

Leaders at every level today must promote tolerance and acceptance of their reservist counterparts.

When soldiers face an enemy today, they will not be able to make the distinction that Riall did in the War of 1812. Reserve and Guard soldiers serve and die alongside "regulars."

(Editor's note: Sgt. Don Dees is a broadcast journalist with the 356th Broadcast Public Affairs Detachment, an Army Reserve unit at Fort Meade, Md., and he also serves as a civilian public affairs specialist with the Military Traffic Management Command.)

Okinawa officials thank Army for community support

Army News Service

WASHINGTON - A letter from the mayor of Naha City, Okinawa, was delivered to the Pentagon today thanking the Army for good community relations on the island.

Kazuto Ota, director of the Economical Environmental Department of Naha City, Okinawa, Japan, delivered the letter this morning to Undersecretary of the Army Les Brownlee. The letter was signed by the mayor of Naha City and addressed to Army Chief of Staff Gen. Eric K. Shinseki.

"The presence of the U.S. Army on Okinawa and the Naha Military Port are, I believe, contributing factors to the stability of Asia today," stated Mayor Takeshi Onaga in the letter. He went on to thank the Army for supporting a number of community activities on the island.

More than 900 soldiers are stationed in Okinawa.

The 10th Area Support Group provides the Army's forward presence on Okinawa. In addition to the soldiers, about 91 U.S. civilians work for the 10th Area Support Group. Another 671 Japanese national employees are assigned to the 10th ASG. The 10th ASG falls under U.S. Army Japan, located about 900 miles north of Okinawa at Camp Zama, Japan.

Torii Station, Okinawa, is located in Yomitan-son, Okinawa Prefecture, Japan. It is home to the 10th Area Support Group, 505th Quartermaster

Battalion (petroleum), 1st Battalion, 1st Special Forces Group, and other tenant units and activities. The Army on Okinawa is responsible for the critical petroleum functions for all U.S. services on Okinawa, officials said. Major functions include receiving and distributing cargo, distributing the island's military fuel supply and port operations.

Naha Port, Okinawa, is located in Naha City, Okinawa Prefecture, Japan. It is home to the 835th Transportation Battalion.

Community activities include soldiers volunteering to assist local Okinawan farmers with the sugar cane harvest. 10th ASG soldiers, civilian employees and family members also provide language lessons, participate in joint cleanups, visit schools and hospitals during the holidays. One member of the Army Community Service staff recently donated a complete set of 1999 encyclopedias to a local junior high school. 10th ASG also allows local farmers to use Army land for tenant farming, officials said.

The 10th ASG also conducts several community relations events with the City of Naha. These events include the Naha City Tug-of-War where the Army provides a large amount of space at the Naha military port to build the rope from scratch. This rope becomes one of largest ropes in the world. Additionally the Army supports local marathons with space for parking as Naha is very

congested and does not have the amount of parking space required to hold these type of events.

The number of soldiers in Okinawa has grown recently due to the deployment of a military police company from Guam to bolster the force protection posture for a communications node on Okinawa that provides satellite communications to two theaters. Additionally, the MPs protect the 150 miles of critical pipelines that provide

fuel for all DoD activities on the island.

There are approximately 922 family members that accompany the soldiers stationed on Okinawa. All family members live within the Air Force and Marine Corps housing facilities, as the Army does not maintain family housing on Okinawa.

(Editor's note: Information provided by Lt. Col. Steven A. Boylan, public affairs officer, U.S. Army Japan.)

Yongsan Commissary renovation...



PHOTO BY PVT. WON HONG-YUN

The Yongsan Commissary went through renovation for three days to give better services to its customers. According to Gene Lantz, store director, this renovation will adjust product displays to match the

demands, bring new items and delete the old items and it will be easier for customers to shop since the aisles are wider and the order of the products will make more sense. Hwang Gi Seok, a worker from Webco, is installing new display racks in the Yongsan Commissary.